



Waterstone Lexington May 2024



Updated May 10, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>**SEE OVER FOR EVENT DETAILS**</p> <p>Key: Outings Movement: in Fitness Center Music/Performance Arts & Crafts Lectures Screenings Groups Games</p> <p>**Store open Mon. & Thurs. 11-12:30***</p>	<p>Continental Breakfast in the Pub Daily 8:00-10:30</p> <p>Afternoon Tea in the Juice Bar Weekdays 3:00</p>	<p>Daily Exercise Classes With "Train Boston"</p> <p>10:30 Hydro Fit 11:15 Rise Up 12:00 Movement X</p>	<p>10-12 Outing: Mount Auburn Cemetery (Sign-up required) 1:00 Documentary: The League-SR 2:00 Beginner Bridge-JB 2:00 Advanced Bridge-BR 3:00 Dr. Alice Lichtenstein: Nutrition Information/Disinformation: Untangling the Mess-LR 4:00 Wine Down Wednesday-BT 7:30 Movie: Seven Brides for Seven Brothers-SR</p>	<p>9:45 ZUMBA 10:30-1 Outing: Woodman's of Essex (Sign-up required) 11:00 Documentary Film Group Organizing Meeting-BR 1:00 Tai Chi 1:30 Mahjong-BR 2:00 Tech Time with Ana-GR 3:00 Ben Bassham Lecture: Frank Lloyd Wright's Usonian Houses-LR 4:00 Activities Preview-LR 7:30 Movie: The Son-SR</p>	<p>10-3 Jewelry Sisters Boutique-GR 11:00 TED Talk: The Poetry of Youth and Age-SR 12:30 NO Watercolors w/Fatima 2:00 Beginner Bridge-JB 2:00 Advanced Bridge-BR 3:00 Gallery Talk with Buddy Mitchell-L 4:00 Happy Hour-BT 5:00 Shabbat-LR 7:30 Movie: Freud's Last Session-SR</p>	<p>11:00 John Teaches Cribbage-BR 12:00 One Day University: 1841: The Year of Three Presidents-SR 1:00 Documentary: Run for the Roses-SR 2:00 Mexican Train with Adriana-BR 3:00 May the 4th Be with You Day: Star Wars-SR 6:00 Kentucky Derby Run for the Roses TV Coverage-SR 7:30 Broadway Night: Oklahoma-SR</p>
<p>9:30 Sunday Mass at St. Cecelia-SR 9:45 ZUMBA 11:00 Celebrate Cinco de Mayo with Sombreros-BT 1:00 Broadway Matinee: Oklahoma-SR 3:00 Board Games and Cards-BR 7:30 Movie: Roma-SR</p>	<p>9:30 Grocery Store Trip (Market Basket) PLEASE NOTE EARLIER TIME 12:30 Oil Painting with Peter Bain-HS 2-4:30 Warblers Sing at Wellesley! 2:30 Bridge (self-guided)-BR 7:30 Cards & Board Games-BR 7:30 Movie: Are You There, God? It's Me, Margaret -SR</p>	<p>9:30 Line & Folk Dance 11:30 Hospitality Committee (Members only, please)-HS 12:00 Shopping Trip to Mahoney's 1:00 Tai Chi 2:00 Let's Play Canasta-BR 2:00 Knitting-GR 3:00 Lecture: Prof. Christopher Carlsmith on Save Venice Inc-LR 7:30 Poker-BR</p>	<p>11:00 Documentary: Secrets of the Southwest-SR 2:00 Beginner Bridge-JB 2:00 Advanced Bridge-BR 2:00 Dining Committee (Members only, please)-LR 3:00 Celebrate National Nurses Week-BT 4:00 Wine Down Wednesday-BT 7:30 Movie: One Flew Over the Cuckoo's Nest-SR</p>	<p>9:45 ZUMBA 11:00 Onsite Hearing Services-LR 11:00 Caregiver Support Group-BR 1:00 Tai Chi 1:30 Mahjong-BR 3:00 Activities Committee (Members only, please)-HS 4:00 Lecture: Doug Peck on Aging with Purpose-LR 7:30 Movie: The Whale-SR</p>	<p>11:00 Great Courses: The Grand Canyon-SR 12:30 Watercolors w/Fatima-HS 2:00 Beginner Bridge-JB 2:00 Advanced Bridge-BR 3:00 Deep Roots Ensemble-LR 4:00 Happy Hour-BT 5:00 Shabbat-LR 7:30 Movie: Origin-SR</p>	<p>12:00 One Day University: When Weather Changed the Course of History-SR 1-3 Corvette Show-IL Plaza 2:00 Mexican Train with Adriana-BR 3:00 Documentary: The Truffle Hunters-SR 7:30 Opera Night: Turandot-SR</p>
<p>***Mother's Day*** 9:30 Sunday Mass at St. Cecelia-SR 9:45 ZUMBA 11:00 Bloody Mary's-BT 1:00 Opera Matinee: Turandot-SR 1:30-6 Outing: Boston Civic Symphony 3:00 Board Games and Cards-BR 7:30 Movie: Mama Mia! -SR</p>	<p>11:00 Greek Mythology Lecture-LR 11:00 Grocery Store Trip (Wegmans) 12:30 Oil Painting with Peter Bain-HS 2-4:30 Warblers Sing at The Circle! 2:30 Bridge with Bernice-BR 4:00 Floor Parties 7:30 Cards & Board Games-BR 7:30 Movie: The Fabelmans-SR</p>	<p>9:30 Line & Folk Dance 12:00 Shopping Trip to Wilson's Farm 1:00 Tai Chi 1:00 Holy Communion-SR 2:00 Knitting-GR 2:00 Let's Play Canasta-BR 3:00 Play Reading Rehearsal-LR 4:00 Book Club-BR 7:30 Poker-BR</p>	<p>9:30-12:30 Outing: Fenway Park Tour (Sign-up required) 2:00 Beginner Bridge-JB 2:00 Advanced Bridge-BR 3:00 Resident Lecture: Bob Kaplan-Measuring an Organization's Carbon Emissions-LR 4:00 Wine Down Wednesday-BT 7:30 Movie: Sideways-SR</p>	<p>Our Own Art in Bloom Opens! 9:30-1:30 Outing: Peabody Essex Museum (Sign-up required) 9:45 ZUMBA 12:00 3rd Thurs. Men's Luncheon-PDR 1:00 Tai Chi 1:30 Mahjong-BR 3:00 TED Talk: How to Spot a Cult-SR 4:00 Play Reading for Residents-LR 7:30 Fireside Barbershop Quartet-LR</p>	<p>Art in Bloom Continues! 11:00 TED Talk: Grit-SR 12:30 Watercolors w/Fatima-HS 2:00 Beginner Bridge-JB 2:00 Advanced Bridge-BR 2-5 Photo Sale by Resident Gloria Leither -GR 4:00 Happy Hour-BT 5:00 Shabbat-LR 7:30 Movie: The Taste of Things-SR</p>	<p>Art in Bloom Wraps Up 11:00 John Teaches Cribbage-BR 11:00 Short Stories with Manny: The Other Mother-HS 12:00 One Day University: American Icons: Babe Ruth-SR 2:00 Mexican Train with Adriana-BR 3:00 Movie: Boys in the Boat-SR 7:30 Broadway Night: Into the Woods-SR</p>
<p>9:30 Sunday Mass at St. Cecelia-SR 9:45 ZUMBA 11:00 Bloody Mary's-BT 1:00 Broadway Matinee: Into the Woods-SR 1:30 Outing: Kimball's Ice Cream in Carlisle (Sign-up required) 3:00 Board Games and Cards-BR 3-5 New England Conservatory Preparatory Piano Students-LR 7:30 Movie: West Side Story (2021)-SR</p>	<p>11:00 Grocery Store Trip (Mkt Basket) 12:30 Oil Painting with Peter Bain-HS 2:30 Bridge (self-guided)-BR 3:00 Barry Pell: Iran: Persian Glory and Islamic Revolution-LR 4:00 Warblers Rehearse-LR 7:00 Whitelight Photo Group-HS 7:30 Cards & Board Games-BR 7:30 Happy Birthday, Jimmy Stewart! Movie: Harvey-SR</p>	<p>9:30 Line & Folk Dance 12:00 Shopping Trip to Concord Center 1:00 Tai Chi 2:00 Let's Play Canasta-BR 2:00 Knitting-GR 4:00 Lecture: George Capaccio: Einstein Part Two-LR 7:30 Poker-BR</p>	<p>10:30 Outing: Drumlin Farm (Sign-up required) 11:00 Documentary: The Other Shore: Diana Nyad-SR 2:00 Beginner Bridge-JB 2:00 Advanced Bridge-BR 4:00 Wine Down Wednesday-BT 7:30 Movie: Some Like it Hot-SR</p>	<p>9:45 ZUMBA 10:30-3:30 Outing: Currier Museum: Tour of Frank Lloyd Wright Houses (Sign-up please) 11:00 Caregiver Support Group-BR 1:00 Tai Chi 1-4:30 Outing: Speakeasy Theater (Sign-up required) 1:30 Mahjong-BR 3:00 Great Courses: Classics of Russian Literature-SR 7:30 Movie: Living -SR</p>	<p>11:00 Parkinsons Support Group-BR 12:30 Watercolors w/Fatima-HS 2:00 Beginner Bridge-JB 2:00 Advanced Bridge-BR 3:00 Celebrate May Birthdays-BT 4:00 Happy Hour-BT 5:00 Shabbat-LR 7:30 Movie: The Holdovers-SR</p>	<p>11:00 John Teaches Cribbage-BR 12:00 One Day University: Earth's Survival: Decoding Climate Science-SR 2:00 Mexican Train with Adriana-BR 2:00 Documentary: Boston Baroque's X-Tet- SR 3:00 Yiddish Club-LR 7:30 Ballet Night: Giselle-SR</p>
<p>9:30 Sunday Mass at St. Cecelia-SR 9:45 ZUMBA 11:00 Bloody Mary's-BT 1:00 Documentary: All the Queen's Horses-SR 3:00 Board Games and Cards-BR 7:30 Movie: Book Club-SR</p>	<p>***Memorial Day*** 11:00 Grocery Store Trip (Trader Joe's) 12:30 NO Oil Painting with Peter Bain 2:30 Bridge (self-guided)-JB 3:00 Warblers Rehearse-LR 4:00 Memorial Day Singalong-LR 7:30 Movie: Saving Private Ryan-SR</p>	<p>9:30 Line & Folk Dance 12:00 Shopping Trip to Marshalls/CVS 1:00 Tai Chi 1:00 Holy Communion-SR 2:00 Let's Play Canasta-BR 2:00 Knitting-GR 2:00 Jeopardy! -SR 3:00 Sheryl Faye as Susan B. Anthony-LR 7:30 Poker-BR</p>	<p>10:00 Outing: Blick Art Materials Boston (Sign-up required) 11:00 Documentary: Pavarotti-SR 2:00 Beginner Bridge-JB 2:00 Advanced Bridge-BR 3:00 Resident Council-LR 4:00 New Resident Reception-BT 7:30 Movie: Anatomy of a Fall-SR</p>	<p>9:45 ZUMBA 11:00 TED Talk: How Museums Help Communities Heal-SR 1:00 Tai Chi 1:30 Mahjong-BR 2:00 Waterstone Chef's Cooking Demo-ALK 7:30 Boston Baroque X-Tet Live-Streamed Concert courtesy of Pat Dinneen-SR</p>	<p>11:00 Great Courses: Foundations of Western Civilization-SR 12:30 Watercolors w/Fatima-HS 2:00 Beginner Bridge-JB 2:00 Advanced Bridge-BR 4:00 Happy Hour-BT 5:00 Shabbat-LR 7:30 Movie: Ferrari-SR</p>	<p>SR: Screening Room LR: Lexington Room BR: Belmont Room JB: Juice Bar L: Library HS: Hobby Studio GR: Great Room BT: Buckman Tavern (Pub) PDR: Private Dining Room ALK: AL Kitchen</p>

ARTS & CRAFTS:

Oil & Acrylic Painting: Classes are Mondays 12:30-2:00-IL Hobby Room.

Taught by Peter Bain of the Lexington Arts & Crafts Society. All levels welcome. Each class is 90 minutes long. Art material is supplied, or you are welcome to bring your own. You might like to wear old clothes; oils can be messy.

Watercolor Painting Class: Classes are Fridays 12:30 pm-2:30 pm in the Hobby Room (No class on May 3rd). Taught by Fatima Rian, watercolorist, and illustrator. All levels welcome. Each class is 2 hours long. Art material is supplied, or you are welcome to bring your own.

Jewelry Sisters Return: May 3rd from 10am to 3pm: The Jewelry Sisters are back with their boutique. Come browse!

Resident Artist Exhibit opens on May 3rd at 4 pm: Visit our Art Gallery opposite the library to see the work of resident artist Buddy Mitchell. She will speak about her watercolors during a talk in the library.

Photo Sale by Waterstone resident Gloria Leitner May 17th from 2-5 pm in the Great Room (between the IL lobby and the Pub) - Colorful, inexpensive small prints in mats to match, ready to frame.

GROUPS, ETC:

Documentary Film Group Organizing Meeting: Thursday, May 2nd at 11am: Come be part of this new effort to select and discuss documentaries.

Caregiver Support Group: Thursdays, May 9th and 23rd at 11am: In this resident-led group, join others facing similar challenges to share and support each other.

Floor Parties: Tuesday, May 13th at 4pm: Gather in the communal seating area of your floor to socialize with your neighbors. Ground floor and first floor residents will meet with the second-floor residents. Snacks will be served—bring the beverage of your choice!

Monthly Book Club: Tuesday, May 14th at 4pm: Each month's book selection is described on a poster opposite the mailbox.

Third Thursdays: A monthly men's luncheon held at noon in the private dining room. One of our residents will give a presentation on an interesting topic of their choice leading to discussion. This is a wonderful opportunity for the men of the community to get to know each other. Lunch is served by Waterstone Dining. Sign up monthly in the library.

Short Stories with Manny: Saturday, May 18th at 11am: Resident Manny Bliamptis leads a discussion of selected short stories. Sign up in the Life Enrichment Office to receive a copy of the story to be discussed.

Whitelight Photography Group: Monday, May 20th at 7pm: Join a group of photographers who meet once a month to share their work and plan photography outings as well as trips to galleries and museums.

Parkinson's Support Group, Friday, May 24th at 11am: Join fellow Waterstone residents coping with Parkinson's to share experiences and receive the support of others who truly understand. This participant-led group will give you an opportunity to discuss how you manage your symptoms and deal with the emotional aspects while helping each other.

Yiddish Club: Saturday, May 25th at 3pm: The Yiddish Club will attempt to connect with the mother tongue through song, dialogue, jokes, and food. A special treat will be served.

Waterstone Cooking Demonstration: Thursday, May 30th at 2pm: Join us in the Assisted Living Country Kitchen (2nd floor of the Assisted Living wing) as our chefs share their tips and techniques.

MUSIC/PERFORMANCE:

Saturday Concert Nights at the Ballet, Opera and Broadway: Saturdays at 7:30pm and Sunday Matinees at 1pm: Enjoy Broadway shows on May 4th and 18th, an opera on May 11th, and a ballet on May 25th. Check the calendar for specific works to be shown.

Warblers Rehearsal: Welcome to our new in-house chorus, a supportive, fun group rehearsing on Monday afternoons. Check the schedule; no rehearsals on May 6th and 13th when we perform at our sister communities in Wellesley and Cleveland Circle!

Deep Roots Ensemble: Friday, May 10th at 3pm: Enjoy the performance of traditional and new works reflecting the historical diversity of folk music.

Play Reading: Rehearsal on Tuesday, May 14th at 3pm and Reading for Residents on Thursday, May 16th at 4pm: Join a group of residents as they bring a one-act play to life! Find your inner thespian and sign-up for a role in the library.

Fireside Barbershop Quartet: Thursday, May 16th at 7:30pm: Come enjoy the beautifully blended harmonies of this award-winning group of vocalists!

Piano Recital: Sunday, May 19th from 3 to 5pm: Students from the New England Conservatory Preparatory Program perform for us! Stay for one performer or stay for all as you wish.

Memorial Day Singalong: Monday, May 27th at 4pm: Enjoy singing some old familiar songs to mark the holiday.

Sheryl Faye: May 28th at 3pm: Sheryl returns to present her one-woman show on the life and work of suffragette Susan B. Anthony.

Boston Baroque's The X-Tet Chamber Ensemble: Thursday, May 30th at 7:30pm in the Screening Room: Come enjoy this live-streamed chamber music performance by members of Boston Baroque. Brought to us courtesy of Pat Dinneen.

OUTINGS: *SIGN UP IN LIBRARY*

Mt. Auburn Cemetery Walk: Wednesday, May 1st from 10 to Noon: Take a stroll through this place where history and beauty meet memory and nature. Free admission. Sign-up required.

Woodman's of Essex: Thursday, May 2nd from 10:30am to 1pm: Treat yourself to lunch at this famous, no-frills counter service seafood restaurant. Residents responsible for cost of lunch; sign-up required for bus.

Boston Civic Symphony: Sunday, May 12th, 1:30-6pm: Final concert with works by Price and Respighi. Sign-up required.

Fenway Park Tour: Wednesday, May 15th from 9:30-12:30: Join our tour guide to get a behind-the-scenes look at "America's Most Beloved Ballpark." Sign-up required; admission is \$25.

Peabody Essex Museum: Thursday, May 16th from 9:30am-1:30pm: View the many permanent and special exhibits in this gem of a museum. Admission is \$18 for seniors; sign-up required.

Kimball's Ice Cream in Carlisle: Sunday, May 19th at 1:30pm: Treat yourself to a sundae! Sign-up required for the van.

Drumlin Farm Visit: Wednesday, May 22nd from 10:30am to 12:30pm: Watch the animals in the farmyard, explore the wildlife sanctuary and walk the trails. Admission for seniors is \$6; sign-up required.

Frank Lloyd Wright Houses at the Currier Museum of Art, Manchester, NH on Thursday, May 23rd from 10:30-3:30: Visit two homes designed by Wright and now owned by the Museum. \$40 per person; sign-up required. Involves walking a short distance between the houses and on some uneven terrain.

Blick Art Materials: Wednesday, May 29th from 10am to 12pm: Stock up on your art supplies! Sign-up required.

LECTURES:

One Day University (various dates): Videos of lectures by renowned professors, shown in the Screening Room.

Great Courses (various dates): Videos of lectures by leading authorities. Shown in the Screening Room.

Lecture: Wednesday, May 1st at 3pm: Alice Lichtenstein, Gershoff Professor of Nutrition Science and Policy, Tufts University Friedman School will speak on "Nutrition Information/Disinformation: Untangling the Mess."

Resident Lecture: Thursday, May 2nd at 3pm: Art and Architecture Historian Ben Bassham will speak on "Frank Lloyd Wright's Usonian Houses" in advance of our visit to two Wright-designed homes on May 23rd.

Lecture: Tuesday, May 7th at 3pm: Professor Christopher Carlsmith will talk about his book *Save Venice Inc.*, the non-profit dedicated to preserving the artistic legacy of Venice.

Lecture: May 9th at 4pm: Aging on Purpose: Presented by Doug Peck of Seniors Helping Seniors on "The Longevity Dividend."

Greek Mythology Lecture – Monday May 13th at 11am: Professor Stamatia Dova makes ancient Greek mythology come alive with discussions of classics such as *The Odyssey*.

Resident Lecture, Wednesday, May 15th at 3pm: Harvard Business Professor and resident Bob Kaplan will address the topic of "Measuring an Organization's Carbon Emissions."

Lecture, Monday, May 20th at 3pm: Barry Pell: *Iran-Persian Glory and Islamic Revolution:* Photojournalist Barry Pell traveled nearly 4,000 miles through the country's magnificent landscape, visiting historic cities and monuments, and meeting with Iranian people who openly shared opinions about their lives and relations with America.

Lecture: Tuesday, May 21st at 4pm: George Capaccio returns to deliver the second half of his talk about Albert Einstein.

ALSO:

Tech Time with Ana, Thursday, May 2nd at 2 pm: Meet with Ana, Life Enrichment Assistant in the Great Room for help with any technological needs with your phone, laptop, email, and more.

Corvette Show, Saturday, May 11th at 1-3 pm: Join us for the second annual Car Show with the Eastern Mass Corvette Club. There will be refreshments, music, and classic Corvettes of many vintages, including one owned by our resident Sheldon Epstein!

Our Own Art in Bloom, May 16th through the 18th: Inspired by the MFA's Art in Bloom, residents are invited to create their own floral arrangement reflecting by a work of art in our public areas. Arrangements will be displayed for three days (or as long as they last). Sign-up in the library; funding for flowers is available from Susan. Let's bring the beauty of the outside in!