

# November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Life Enrichment Department</b> <b>Jody Briggs, Director</b> Activities Assistants Karen Kelly Karen Schlosberg Jay Sciarappa Hunter Tompkins	<b><i>Chef's Table</i></b> <i>Call ext. 3015</i> <b><i>November 1st</i></b> <b><i>American Steakhouse</i></b> <b><i>November 15th</i></b> <b><i>Friendsgiving</i></b>	<b>1</b> <b>3:00pm Community Meeting</b> 9:30 Tai Chi with Jim 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:30 The Winiker Band 7:30 Movie in the Theater	<b>2</b> 11:15 Exercise with Mitch 1:00 Film in the Theater 1:30 Jeopardy 2:30 Lorna from Wellesley Books 4:00 Wine Down Wednesdays 7:30 Movie in the Theater	<b>3</b> 9:30 Tai Chi with Jim 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:15 Current Conversations 3:00 Watercolor Class 3:45 One Day University 7:30 Movie in the Theater	<b>4</b> <b>10:00 Roche Bros.</b> 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:00 Film in the Theater 1:00 Card Games 1:30 Long Word/Short Wd 4:00 Happy Hour with <i>Tom Bruhl</i>	<b>5</b> 11:00 Mindful Meditation and Gentle Yoga  1:30 Text Twist With Jay 3:00 Short Stories  3:00 Movie in the Theater
<b>6</b> <b>Transportation To Churches</b>  11:00 One Day University Encore <b>1:30 Blue of a Kind Live Music Event</b> <b>3:00 pm Movie</b> <b>3:15 pm Wordle</b>	<b>7</b> 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:00 Film in the Theater 1:30 Bingo 3:00 Sing Along 7:30 Movie in the Theater	<b>8</b> 9:30 Tai Chi with Jim 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:30 Michael Goodwin <i>The Golden Age of Musical Theater</i> 7:30 Movie in the Theater	<b>9</b> <b>10:30 Trip To Honey Pots Farm</b> 11:15 Exercise with Mitch 1:00 Film in the Theater 1:30 Jeopardy 2:00 Enhabit Health Talk 2:30 Blood Pressure Clinic 4:00 Wine Down Wednesdays 7:30 Movie in the Theater	<b>10</b> <b>COVID Booster Clinic</b> 9:30 Tai Chi with Jim 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:15 Current Conversations 3:00 Watercolor Class 3:45 One Day University 7:30 Movie in the Theater	<b>11</b> <b>10:00 Market Basket</b> 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:00 Film in the Theater 1:00 Card Games 1:30 Long Word/Short Wd 4:00 Happy Hour with <i>Keith Jacques Duo</i> 7:30 Movie in the Theater	<b>12</b> 11:00 Mindful Meditation and Gentle Yoga  1:30 YouTube Symphony with Arnold Singer  3:00 Short Stories  3:00 Movie in the Theater
<b>13</b> <b>1:00pm Trip to Trader Joe's</b> <b>Transportation To Churches</b> 11:00 One Day University Encore <b>1:30 Drawing with Hunter</b> <b>3:00 pm Movie</b> <b>3:15 pm Wordle</b>	<b>14</b> 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:00 Film in the Theater 1:30 Bingo 3:00 Sing Along 7:30 Movie in the Theater	<b>15</b> 9:30 Tai Chi with Jim 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:30 Curtis Martin Presents : <i>Petticoat Whalers</i> 3:00 ArtMatters Presents : <i>Marc Chagall</i> 7:30 Movie in the Theater	<b>16</b> 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:00 Film in the Theater 1:30 Jeopardy 4:00 Wine Down Wednesdays 7:30 Movie in the Theater	<b>17</b> 9:30 Tai Chi with Jim 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:15 Current Conversations 3:00 Watercolor Class 3:45 One Day University 7:30 Movie in the Theater	<b>18</b> <b>10:00 Roche Bros.</b> 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:00 Film in the Theater 1:30 Long Word/Short Wd. 2:30 Book Group 2:30 Cornucopia Floral 4:00 Happy Hour with <i>Ted Powers</i>	<b>19</b> 11:00 Mindful Meditation and Gentle Yoga  1:30 Text Twist With Jay  3:00 Short Stories  3:00 Movie in the Theater
<b>20</b> <b>1:00pm Trip To T.J.Maxx</b> <b>Transportation To Churches</b> 11:00 One Day University Encore 1:30 Drawing with Hunter <b>3:00 pm Movie</b> <b>3:15 pm Wordle</b>	<b>21</b> <b>1:00 Hearing Aid Clinic</b> 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:00 Film in the Theater 1:30 Bingo 3:00 Sing Along 7:30 Movie in the Theater	<b>22</b> 9:30 Tai Chi with Jim 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:30 Ensemble Aubade Classical Trio 7:30 Movie in Theater	<b>23</b> 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:00 Film in the Theater 1:30 Jeopardy 4:00 Wine Down Wednesdays 7:30 Movie	<b>24</b> <b><i>Happy Thanksgiving Thanksgiving Dinner Noon to 2:00pm 3:00pm Film in the Theater 6:00pm Matt McCabe on the Piano</i></b>	<b>25</b> <b>10:00 Market Basket</b> 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:00 Film in the Theater 1:00 Card Games 1:30 Long Word/ Short Wd. 4:00 Happy Hour with <i>Skyline Jazz Duo</i> 7:30 Movie	<b>26</b> 11:00 Mindful Meditation and Gentle Yoga  1:30 YouTube Symphony with Arnold Singer  3:00 Short Stories  3:00 Movie in the Theater
<b>27</b> <b>Transportation To Churches</b> 11:00 One Day University Encore 1:30 Drawing with Hunter <b>3:00 pm Movie</b> <b>3:15 pm Wordle</b>	<b>28</b> 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:00 Film in the Theater 1:30 Bingo 3:00 Sing Along 7:30 Movie in the Theater	<b>29</b> 9:30 Tai Chi with Jim 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:30 Lisa Caliri Pianist 3:00 Resident Discussion Dr. Robert Pyles Presents <i>From Southern Dirt Farmer to Harvard Medical School</i> 7:30 Movie in the Theater	<b>30</b> <b>10:30 Trip To Patriots Place</b> 10:15 Hydro Fit Class 11:15 Exercise with Mitch 1:00 Film in the Theater 1:30 Jeopardy 4:00 Wine Down Wednesday 7:30 Movie		<b><i>The Knitting Club Meets Everyday at 3:00pm in the Independent Living Living Room</i></b>	<b><i>Join us in the Country Kitchen Wednesdays at 10:00 am for Flower Arranging</i></b>